

LIJIANG LEISURE LOOP 13-25 MARCH 2025 (13D11N)
Limingxian-Weixi-Deqing-Balagezong-Zhongdian-Haba-Naxi-Lijiang

Trip Cost Per Person RM6950 (MIN 10PAX)

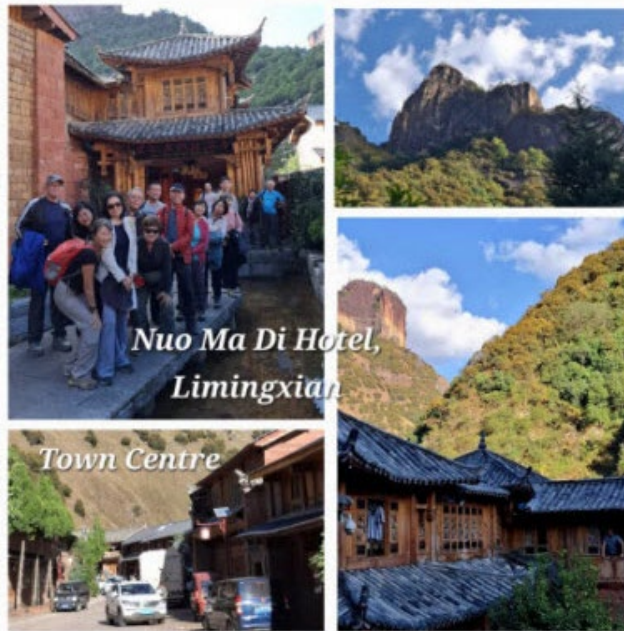
EXCLUDING FLIGHT TICKETS VIA CHINA SOUTHERN AIRLINES (RM1520 RETURN FARE PRICED ON 28NOV2024) INCLUDING MEALS AND CHECK-IN LUGGAGE 23KG

13MAR25 THU KUL-LJG 1810-1010+1 (TRANSIT IN GUANGZHOU 8H40M)
25 MAR25 TUE LJG-KUL 1100-2150 (TRANSIT IN GUANGZHOU 4H5M)

NOTE PLEASE DO NOT BOOK THE FLIGHT TICKET UNTIL ADVISED BY US. Contact trip handler Lee Keng at 60123158353 or yongleekeng@gmail.com

IMPORTANT NOTICE. This is meant to be a "free and easy" budget trip. Participants should be relatively fit, with a good sense of humour, and above all, have the **right attitude** for close travel with others through possibly some trying times. Most definitely, this is not a trip for prudes, whiners, fuss-pots, and other similarly assorted types! Although every effort will be made to stick to the given itinerary, ground conditions may change and cause some disruption and/or deviation from the norm. Otherwise, have fun!

The **LIJIANG LEISURE LOOP** is a captivating journey through the scenic heart of Yunnan, China, offering a perfect blend of breathtaking natural landscapes, rich cultural heritage, and authentic Tibetan and Naxi traditions. Starting from the tranquil town of **LIMINGXIAN**, with its stunning karst formations, the loop winds through the remote beauty of **WEIXI** where Tibetan culture meets alpine landscapes. Continuing on to **DEQING**, nestled under the majestic **Meili Snow Mountain**, the route offers access to sacred peaks and vibrant Tibetan villages. The hidden gem of **BALAGEZONG** follows, known for its pristine forests, deep canyons, and remote Tibetan settlements. Next, the iconic town of **ZHONGDIAN (Shangri-La)** invites travelers to explore Tibetan Buddhism at the grand **Sumtseling Monastery** and the serenity of **Napahai Lake**. In **HABA**, outdoor enthusiasts can experience the raw beauty of the **Haba Snow Mountain** and its glaciers, while **NAXI** culture thrives in Lijiang's UNESCO-listed Old Town, known for its ancient architecture and vibrant traditions. Along the way, the renowned **Tiger Leaping Gorge**, one of the deepest gorges in the world, offers a thrilling trek with stunning views of the **Jade Dragon Snow Mountain** and the **Yangtze River** below. The journey culminates in **LIJIANG**, where the mix of history, culture, and spectacular surroundings makes it an ideal ending to this unforgettable loop. Each destination offers a unique experience, blending adventure, relaxation, and cultural immersion in one of China's most stunning regions. Dont miss out to visit the world renowned UNESCO Heitage Site in this trip including the Old Town of Lijiang, Tiger Leaping Gorge, Potatso National Park and many more within this short Lijiang Leisure Loop trip!



DAY 1 KUL-CAN Meet up **KLIA** on **13 MAR 2025 1510** for our flight **CZ8302** departing to Guangzhou, **KUL-CAN (1810-2230)** Transit in Guangzhou Airport for **8hour 40min**

DAY 2 CAN-LJG-LIMINGXIAN Catching our connecting flight to Lijiang, **CZ6603 CAN-LJG (0710-1010)** Pickup from airport and continue our journey to Limingxiang (145KM, ~3hours). Check in hotel and freshen up. Evening we will go to Turtle Mountain hike. It is called "Thousand Turtle Mountain", likely derived from the distinctive shape and features of the mountain, which is said to resemble many turtles. In Chinese culture, turtles are symbols of longevity, protection, and stability. The hike to the main viewpoint typically takes around 2-4 hours depending on your pace and how many stops you make along the way. The total distance may be around 5-7 kilometers (3-4 miles), with an elevation gain of around 600-800 meters (2,000-2,600 feet). We might opt for shorter hike depending on the weather and time. Option to take cable car (own cost) to the top and walking down the trail **Overnight Limingxian (B)**

DAY 3 GELADAN MEADOW HIKE-WEIXI In the morning, we will do Geladan Meadow Walk. The trail is generally a loop trail with a distance of around 5 to 7 kilometers (3 to 4 miles), designed to be a moderate, easy hike, and it typically takes 1.5 to 3 hours to complete. The loop takes you through the beautiful alpine meadow, offering views of wildflowers, lush grasslands, and the stunning Jade Dragon Snow Mountain in the background. It's a relatively easy walk with mild inclines, making it accessible to most people., though the altitude of around 3,400 meters (11,150 feet) may cause some fatigue or shortness of breath if you're not acclimatized. In the afternoon, we will continue our journey to Weixi (210km, 5 hours). Check in and rest for the day. **Overnight Weixi (B)**



DAY 4 SNUB-NOSE MONKEY PARK-DEQING In the morning we will visit the Shangri-La Snub-Nose Monkey Park which is situated around 70km, ~2 hours from Weixi. These monkeys are specially adapted to live in high-altitude forests, typically between 2,000 to 4,000 meters (6,500 to 13,000 feet) above sea level. This is rare for primates, as most are adapted to lower elevations. The upturned snub nose is thought to be an adaptation to the cold, high-altitude environment. It may help with breathing in the thin, cold air and also minimizes the impact of snow or rain on the face, keeping their respiratory system clear. We continue our journey through scenic road of mountain landscapes to Deqing (226KM, ~4hr). Check in hotel for rest and free and easy evening. **Overnight Deqing (B)**

DAY 5 MINYONG GLACIER Full day Minyong Glacier hike. The hike begins at Minyong Village, situated at an elevation of around 2,800 meters (9,186 feet), and takes us through a 6-8 km (3.7-5 miles) trail, with a round-trip duration of 3-6 hours. As we ascend, the elevation increases to 3,500 to 4,000 meters (11,500 to 13,100 feet), making the hike moderately challenging, especially at higher altitudes. The trail winds through forests, meadows, and streams. The highlight is reaching the Minyong Glacier viewpoint, where we can enjoy breathtaking views of the glacier and snow-capped peaks of the Meili Snow Mountain. Expect a mix of rocky paths, lush valleys, and stunning alpine scenery along the way. Evening back to hotel for rest, free and easy activities on own. **Overnight Deqing (B)**



DAY 6 MEI LI WALK-JINGSHA JIANG "OMEGA" RIVER-BALAGEZONG Starts the day with a scenic hike along the **Mei Li Walking Trail**, a moderate 3–5 km trek through the breathtaking landscapes of the Meili Snow Mountain region. The trail, with an elevation gain of 300–500 meters, takes around 1.5 to 3 hours to complete, offering stunning views of the snow-capped peaks and lush forests. Afterward, drive to the **Jiangsha Jiang Omega River**, known for its unique omega-shaped meander and dramatic river views, which is about a 1.5–2-hour drive away. Finally, we will continue the journey to **Balagezong**, a stunning natural reserve, roughly 3–4 hours drive (130KM) **Overnight Balagezong (B)**

DAY 7 BALAGEZONG NP-ZHONGDIAN Day trip to Balagezong National Park. Visiting Bala Village, a traditional Tibetan Village sitting high in the clouds at the heart of the national park. **Nanka Zhuorong Gorge** is a narrow, dramatic canyon with breathtaking cliffs and rushing waters, perfect for a scenic walk. Don't miss the magnificent **Shambala Natural Stupa** mountain, one of the main landscape of the scenic spot here. Afterwards, we will continue the journey to Zhongdian (Shangri-La), which is about 3-4 hours away. **Overnight Zhongdian (B)**

DAY 8 ZHONGDIAN In the morning, we will be visiting the **Songzanlin Monastery (Sumtseling)**, the largest Tibetan Buddhist monastery in the area. Explore its impressive architecture, wander through the sacred halls, and soak in the tranquil spiritual atmosphere. Next, to explore **Pota-Tso National Park**, known for its scenic alpine landscapes and Shudu Lake. In the afternoon, stroll through the **Old Town of Zhongdian**, where we can enjoy traditional Tibetan streets, local crafts, and charming architecture. **Overnight Zhongdian (B)**



DAY 9 BAISHUTAI WHITE TERRACE-HABA Continuing our journey to the next destination, Haba Snow Mountain, we will stop by at Baishutai White Terrace (105KM, ~ 2.5hr) The **White Water Terrace (Baishui Tai)**, located in the foothills of the **Haba Snow Mountains** and **101 km southeast of Shangri-La**, is an ancient natural formation with a history spanning **200,000 to 300,000 years**. Over time, **calcium carbonate** from the spring water has created the terraces, gradually forming their distinctive layered structure. Covering about **three square kilometers (741 acres)**, the terraces appear like a large white jade carving against the green mountains. The site is not only a scenic wonder but also the **birthplace of the Naxi Minority's Dongba culture**. Historically known as "Shi Bu Zhi" (growing flower), it features tiered white terraces that resemble a silver ornament or a crescent moon spring. The area is also significant for its cultural and religious importance. **Overnight Haba Homestay (B)**

DAY 10 -NAXI In the morning, we will begin with a **Pine Forest Walk** near the foot of **Haba Mountain**, where you can enjoy the fresh mountain air and the serene atmosphere of the towering pine trees. Afterward, we'll embark on a short trek through the famous **Tiger Leaping Gorge (Lower Section)**, one of the deepest and most scenic gorges in the world, offering breathtaking views of the jagged cliffs and rushing river below. After our trek, we'll continue our journey towards the **Naxi Guesthouse**, located about **2-3 hours' drive** away, where you can relax and experience the traditional hospitality of the local Naxi people. **Overnight Naxi (B)**



DAY 11 TIGER LEAPING GORGE-LIJIANG We will do **Upper Trail Hiking**, which takes us on a scenic hike along the gorge with breathtaking views of the **snow-capped mountains**, steep cliffs, and the powerful **Jinsha River** far below. The **Upper Trail** will take about **4 to 6 hours** to complete. Option to take horse-riding instead of walking. (optional own cost) Afterwards, we will continue our journey to Lijiang town. Rest of the day is relaxing free and easy. **Overnight**

Lijiang (B)

DAY 12 LIJIANG SIGHTSEEING Lijiang offers a blend of cultural exploration and scenic beauty. Start by wandering through the charming **Old Town of Lijiang**, a UNESCO World Heritage site, with its **narrow cobblestone streets**, **ancient wooden buildings**, and traditional **Naxi architecture**. Explore the vibrant **markets**, if time permitting, to visit the **Mu Palace** for a glimpse of Naxi history, and enjoy the peaceful ambiance of the **Black Dragon Pool**. The town's **lantern-lit alleys**, filled with local crafts and lively cafes, make it a delightful spot to stroll and experience authentic Naxi culture. **Overnight Lijiang (B)**

DAY 13 LIJIANG-KUALA LUMPUR After early breakfast, transfer to airport to catch our flight **CZ6604**, departing **LJG-KUL (1100-2150)** with all the memories of Lijiang Leisure Loop!



TERMS AND CONDITIONS

1. Trip cost **INCLUDES** twin-sharing accommodation (single supplement applies for those who want own single room), local guide, driver, transportation
2. Trip cost **EXCLUDES** flight tickets, travel insurance, meals, entrance fees, optional activities, personal shopping and tipping to local guide and driver
3. Non refundable deposit **RM1950** applies to secure the spot for this trip
4. This trip is a mix of trekking/hiking and sightseeing. Please be prepared accordingly before decided to join

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